



## BREAKFAST AND REFRESHMENTS

### Warm savoury English baps £3.80 each

Your choice of the below served on soft floury baps:

- Suffolk back bacon
- Scrambled egg
- Cumberland sausage

To add scrambled egg to any warm bap please add £1.45 per bap surcharge

### Warm savoury filled croissants £3.80 each

Choose from cheese and tomato or ham and cheese

### Full English breakfast (buffet style) £19.90

- Freshly squeezed orange juice
- Seasonal fruit salad with fresh berries
- Assorted fruit yogurt in mini shot glass
- Selection of freshly baked Viennoiserie
- Scrambled eggs, grilled tomato, portobello mushrooms, bacon, Cumberland sausage, hash brown, fresh bread
- Fairtrade coffee and tea

### Alternative

Hot smoked salmon and scrambled eggs

Fruit juice

Fairtrade coffee and tea

### Healthy breakfast (buffet style) £15.00

- Freshly squeezed orange juice, cranberry juice and grapefruit juice
- Banana and berry smoothie (h)
- Assorted low-fat fruit yoghurts (gf, h)
- Selection of dried fruits, mixed roasted nuts (h)
- Low-fat cottage cheese (gf, h)
- Multigrain bread (h)
- Porridge with London honey (h)
- Selection of herbal teas and coffee

(v) = vegetarian (ve) = vegan  
(gf) = gluten free (h) = healthy

Please note that all the prices listed are subject to VAT at the current rate and are from 1st April 2017 to 31st March 2018

You will be advised of any variations in availability or price should circumstances dictate

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### Morning selection

£2.80 each

A selection of Viennoiserie (v)

Fine butter croissants with butter and preserves

Build-your-own granola pots (v)  
Choose from yoghurt, granola, fresh fruit, berries and seeds

Porridge with London honey (v, h)

Severn and Wye smoked salmon and creamed cheese tart

Suffolk dry cured bacon and egg pie

Mini savoury croissant

### Break ideas

£3.40 each

Maldon salted caramel chocolate brownie

Carrot cake

Assorted choux pastries

Home-baked cookies

Lemon curd shots

Selection of muffins

Sliced cakes

Pancakes with berry compote

Croque-monsieur

Smoked salmon feuillantine

### Afternoon tea

£20.00

All afternoon teas are made freshly on-site and include:

One round of home-made sandwiches:

- Cucumber and cream cheese on caraway seed bread
- Smoked salmon with sweet mustard on granary bread
- Chicken with mustard mayonnaise on basil bread
- Eggs with mustard cress on white bread

Scone with clotted cream and preserves

A selection of four miniature home-made sweet items and cakes

### Fairtrade coffee and tea

£3.20

(Includes fruit and herbal infusions and decaffeinated coffee)

### Fairtrade coffee and tea with biscuits

£3.60

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