



# BREAKFAST & REFRESHMENTS

## Warm savoury English baps £4.15 each

Your choice of one of the below served on soft floury baps:

Portobello mushroom and tomato wrap **(ve)**

Beef tomato and Cheddar cheese bap

Suffolk sweet cured bacon

Scrambled free range egg

Cumberland sausage

To add scrambled egg to any warm bap please add **£1.45** surcharge per bap

## Warm savoury filled croissants £4.15 each

Choose from Cheddar and tomato or crispy streaky bacon and Cheddar

## Breakfast pot £5.00 each

A full English served in an easy to hold pot

The vegetarian pot contains scrambled egg, mushrooms, tomato, hash brown and baked beans **(v)**

The full English option contains sausage, scrambled egg, mushrooms, hash brown, tomato and baked beans

Vegan option also available

### Fruit

Fruit station – a station with apples, easy-peel tangerines and bananas for your delegates to help themselves to **(h)**

Dried fruit cart – a selection of dried fruits with Pick n Mix style service for your delegates to eat on the go **(h)**

Fruit crate – a crate with a selection of easy peel options **(h)**

Please ask your QEI Taste Event Manager for a quote

## Fairtrade coffee and tea £3.20

(Includes fruit and herbal infusions and decaffeinated coffee)

## Fairtrade coffee and tea with biscuits £3.60

(Includes fruit and herbal infusions and decaffeinated coffee)

**(v)** – vegetarian | **(ve)** – vegan | **(pb)** – plant based | **(h)** – healthy

Please note that all the prices listed are subject to VAT at the current rate and are from 1<sup>st</sup> April 2020 to 31<sup>st</sup> March 2021.

You will be advised of any variations in availability or price should circumstances dictate.

Some of our dishes can be adapted to accommodate any special diets you may have. Please speak to your QEI Taste Event Manager to discuss further.

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## Healthy breakfast (buffet style) £15.00

Freshly squeezed orange juice, cranberry juice and grapefruit juice

Banana and berry smoothie **(h)**

Assorted low-fat fruit yoghurts **(h)**

Selection of dried fruits, mixed roasted nuts **(h)**

Selection of savory muffins **(h)**

Porridge with London honey **(h)**

Selection of herbal teas and coffee

## Morning selection £3.15 each

A selection of viennoiserie **(v)**

Fine butter croissants with butter and preserves

Honey yoghurt topped with granola and your choice of:

- Apple compote with elderflower **(h)**
- Mango compote **(h)**
- Fruits of the forest compote **(h)**

Porridge with London honey **(v) (h)**

Severn and Wye smoked salmon and creamed cheese tart

Breakfast burrito

## Pick n Mix Station £650

A selection of your Pick n Mix favourites. Includes 20 traditional jars and scoops and 3 kilos of different sweets

## Break ideas £3.40 each

Pecan and caramel shortbread squares

Banana oat cakes

Raspberry and almond crumble squares **(pb) (ve)**

Chocolate brownie

Chocolate and ginger tiffin

Cranberry and blueberry oat bar **(pb) (ve)**

Lemon curd squares **(pb) (ve)**

Black olive corn bread

Croque monseieur with truffle oil

Goats cheese and tomato quiche

Honey and mustard sausage roll

Vegan sausage roll

## Afternoon tea £20.00

**All afternoon teas are made freshly on-site and include one round of the following homemade sandwiches:**

Cucumber and cream cheese on caraway seed bread **(v)**

Smoked salmon with sweet mustard on granary bread

Chicken with mustard mayonnaise on basil bread

Eggs with mustard cress on white bread **(v)**

Scone with clotted cream and preserves **(v)**

A selection of four miniature homemade sweet items and cakes



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